



Canadian Charity Foundations Are Joining Hands in The Largest Health Event of The Summer

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The first edition of the **Health Fair at Don Mills**, which will take place on Saturday July 21st 2012 at Shops at Don Mills Plaza in the Town Square is one innovative and original idea of **Physiotherapy at Don Mills**. For the first time, they gather together the best health care providers at the Shops and invite three of the most renown charity foundations of Canada: **The Heart and Stroke Foundation, North York General Hospital Foundation and Osteoporosis Canada.**

Committed to excellence in all they do and already having a great reputation due to quality care and popular educational seminars held at their location, **Physio at Don Mills** is announcing an event that has all the recipes to be very successful and probably become a tradition. The upcoming health fair promises to make health services fun and convenient for the residents of North York, as well for the visitors.

A great place to shop and dine, Shops at Don Mills is one of the most elegant and classy places in Canada, the first outdoor Ontario mall with European flair.

Small exclusive boutiques, brand name designer stores and various restaurants became an uncontestable attraction for Torontonians and tourists and a great way to spend your weekend. Convenient located at the corner of Lawrence Ave. West and Don Mills Rd, and closed to Don Valley Parkway, the Plaza welcomes everyone with a friendly, well groomed look augmented by freshly planted flowers and carefully trimmed grass. Plus, a free 4 level parking makes your visit here effortless.

Health care professionals with expertise in areas such as physiotherapy, optic care, dentistry and nutrition will be there to answer questions and share health, wellness and fitness tips with all visitors.

"We want people living within the Don Mills community to have exposure to local health professionals who provide quality services, and know that Physiotherapy at Don Mills, located in the Shops at Don Mills, offers a full range of quality treatments and patient care, all evidence-based, no fads," said Gita Mikal, physiotherapist and owner of Physiotherapy at Don Mills.

The health fair invites all ages and will run between 11 a.m. to 2 p.m. on Saturday, July 21st 2012 at Shops at Don Mills – Town Square, 1090 Don Mills Road Toronto, ON M3C 3R6 . The attendance is free.

www.physioatdonmills.com

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