

## **Physiomobility Profile**

### **A clinic with old values and modern approach**

In 2005, we opened a small clinic in Don Mills Centre. In only three short years, it was time for us to expand to a larger facility within Shops at Don Mills. Currently, we operate from two locations in Don Mills & Thorn hill and offer Pain Management programs in our accredited specialty clinic also located in the Shops at Don Mills.

We gathered a team of professionals who all share a passion for excellence. Together we have developed numerous specialty care programs in response to the needs of our community. In addition to our Orthopaedic and Sports injury practice which is the core of our services, we proudly developed one of the first outside of hospital programs for management of Fibromyalgia based on the latest guidelines. We are one of the very few clinics that offer a true multidisciplinary approach to pain treatment in Toronto. We have also developed clinically supervised individual and group exercise programs for Osteoporosis and fall prevention which complements our treatments for arthritis conditions. What sets us apart is our passion and commitment to providing high quality and innovative treatment programs that are both easily accessible and affordable for patients suffering from orthopaedic and neurological conditions and chronic pain. We also serve our communities by conducting and hosting educational public seminars and workshops on a variety of health topics.

Providing comprehensive treatment programs focused on improving function in a compassionate, yet positive atmosphere is our outmost goal. Although our approach is modern, current and evidence based, our values are same old ones where the client is the centre of all of our plans.